Outcome Guided Rehabilitation Intervention Stages

1. Rehab Baseline: Barriers & Disability Profile → ROMS BASELINE

2. RESPECTIVE PRIMARY BARRIERS ASSESSMENT
   - Neurological assessment
   - Orthopedic assessment
   - Psychological assessment
   - Social work/family assessment
   - Sleep assessment
   - Headache assessment
   - Dizziness, substance abuse vs. anxiety/panic attacks
   - Vision/hearing assessment

   Indicated Intervention(s)

   ROMS RE-ASSESSMENT I
   (If intervention occurred for initial Primary Barriers)

3. PHYSICAL INTERVENTION(S)
   - Physiotherapy
   - Work conditioning
   - Vestibular rehabilitation
   - In home OT
   - Work hardening

   ROMS (PHYSICAL) RE-ASSESSMENT II

4. PSYCHOLOGICAL I INTERVENTION
   - Pharmacological
   - Psychological intervention
     - cognitive behavioural
     - stress/symptom management counselling

   ROMS Demonstrated Progress

   ROMS RE-ASSESSMENT III
   Determine status after Level I Intervention and/or at interim

5. PSYCHOLOGICAL II INTERVENTION
   - Home/community behavioural programming (12-16 weeks)
   - Psychological support

   ROMS Demonstrated Minimal/No Progress

   ROMS RE-ASSESSMENT IV
   Determine status after Level II Intervention and/or interim phases

6. OCCUPATIONAL DISABILITY DETERMINATION (See “Own occ.” & “Any occ.” diagrams)

7. VOCATIONAL REHABILITATION/INTERVENTION
   - Counselling support should generally accompany vocational rehabilitation to manage symptom relapse

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