Outcome Guided Rehabilitation Intervention Stages

1. Rehab Baseline: Barriers & Disability Profile
   - ROMS BASELINE

2. Respective Primary Barriers Assessment
   - Neurological assessment
   - Orthopedic assessment
   - Psychological assessment
   - Social work/family assessment
   - Sleep assessment
   - Headache assessment
   - Dizziness, substance abuse vs. anxiety/panic attacks
   - Vision/hearing assessment
   - Indicated Intervention(s)
   - ROMS RE-ASSESSMENT I
     (If intervention occurred for initial Primary Barriers)

3. Physical Intervention(s)
   - Physiotherapy
   - Work conditioning
   - Vestibular rehabilitation
   - In home OT
   - Work hardening
   - ROMS (PHYSICAL) RE-ASSESSMENT II

4. Psychological I Intervention
   - Pharmacological
   - Psychological intervention
     - cognitive behavioural
     - stress/symptom management counselling
   - ROMS Demonstrated Progress
   - ROMS RE-ASSESSMENT III
     Determine status after Level I Intervention and/or at interim

5. Psychological II Intervention
   - Home/community behavioural programming (12-16 weeks)
   - Psychological support
   - ROMS Demonstrated Minimal/No Progress
   - ROMS RE-ASSESSMENT IV+
     Determine status after Level II* Intervention and/or interim phases

6. Occupational Disability Determination
   (See “Own occ.” & “Any occ.” diagrams)

7. Vocational Rehabilitation/Intervention
   - Counselling support should generally accompany vocational rehabilitation to manage symptom relapse

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